

# April 2024 Programs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> CLOSED FOR EASTER MONDAY	<b>2</b> Drop in @ Quayside 9:30 - 11:30 AM	<b>3</b> Drop in @ Quayside 9:30 - 11:30 AM Drop in @ the Library 10:00 AM - 12:00 PM Nobody's Perfect @ Quayside 5:00 - 7:00 PM *registered	<b>4</b> Drop in @ Quayside 9:30 - 11:30 AM Portuguese Circle @ Quayside 12:00 PM - 1:30 PM *registered	<b>5</b> Drop in @ Quayside 9:30 - 11:30 AM Outdoor Drop in @ Moody Park 9:30 - 11:30 AM Spanish Circle @ Quayside 12:00 PM - 1:30 PM *registered	<b>6</b> Drop in @ Quayside 9:30 - 11:30 AM
<b>7</b> Family Yoga @ Quayside 11:30 AM Ages 3 + yrs.  Register with Yoga on the Quay	<b>8</b> Drop in @ Quayside 9:30 - 11:30 AM Outdoor Drop in @ Moody Park 9:30 - 11:30 AM Baby Talk Drop in @ Quayside 1:00 - 2:00 PM	<b>9</b> Drop in @ Quayside 9:30 - 11:30 AM	<b>10</b> Drop in @ Quayside 9:30 - 11:30 AM Drop in @ the Library 10:00 AM - 12:00 PM Nobody's Perfect @ Quayside 5:00 - 7:00 PM *registered	<b>11</b> Drop in @ Quayside 9:30 - 11:30 AM Portuguese Circle @ Quayside 12:00 PM - 1:30 PM *registered	<b>12</b> Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Spanish Circle @ Quayside 12:00 PM - 1:30 PM *registered	<b>13</b> Drop in @ Quayside 9:30 - 11:30 AM
	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b> Neighbourhood Grant Deadline	<b>19</b>	<b>20</b> Drop in @ Quayside 9:30 - 11:30 AM
<b>Quayside Closed: training session for facilitators in PDEP Program</b>						
	Drop in @ Eighth + Eight 9:30 - 11:30 AM	Outdoor Drop in @ Quayside Park 9:30 - 11:30 AM	Drop in @ Eighth + Eight 9:30 - 11:30 AM	Outdoor Drop in @ Quayside Park 9:30 - 11:30 AM	Drop in @ Eighth + Eight 9:30 - 11:30 AM	
<b>Earth Day! 22</b> Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Baby Talk Drop in @ Quayside 1:00 - 2:00 PM	<b>23</b> Drop in @ Quayside 9:30 - 11:30 AM	<b>24</b> Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Gross Motor Talk @ Quayside 7:00-8:30 PM *registered	<b>25</b> Drop in @ Quayside 9:30 - 11:30 AM Portuguese Circle @ Quayside 12:00 PM - 1:30 PM *registered	<b>26</b> Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Spanish Circle @ Quayside 12:00 PM - 1:30 PM *registered	<b>27</b> Drop in @ Quayside 9:30 - 11:30 AM	
<b>29</b> Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Baby Talk Drop in @ Quayside 1:00 - 2:00 PM	<b>30</b> Drop in @ Quayside 9:30 - 11:30 AM	<b>May 1</b> Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM	<b>2</b> Drop in @ Quayside 9:30 - 11:30 AM Portuguese Circle @ Quayside 12:00 PM - 1:30 PM *registered	<b>3</b> Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Spanish Circle @ Quayside 12:00 PM - 1:30 PM *registered	<b>4</b> Drop in @ Quayside 9:30 - 11:30 AM	

Family Place programming is designed for caregivers and children aged 0-6. There is *no cost* to participate in these programs. We offer drop ins *without pre-registration* uptown and downtown and also special registered events. Please do a wellness check before attending and stay home if you are unwell. Follow us on @newwestfamilies for updates, giveaways and resources. Visit our website [www.newwestfamilies.ca](http://www.newwestfamilies.ca)





# April 2024 Programs

What is a drop in? We offer play and early learning for your little ones in a caregiver-participation setting, without fees or pre-registration! Make connections and gain parenting and family resources from our team from these locations:

**Quayside** 112-960 Quayside Drive, next to Craft Café.

Drop-in Monday-Saturday 9:30-11:30 AM. *Note that we will close for special Facilitator Training on April 15-20.*

Special guests at drop-in this month:



Monday, April 8 Colour it Cantonese Special Circle time of song and rhyme in Cantonese with Priscilla **NEW!**



Tuesday, April 9 Check-ups with Fraser Health Dental Hygienist, Andrea



Friday, April 12 Storytime with New West Public Library Children's Librarian, Alicia



Monday, April 22 Parent-Tot Music with Mrs. Lori



Friday, April 26 chat with YMCA Childcare Resource and Referrals consultant, Susan

**Eighth + Eight** 735 8th Avenue, room 1A, in the Massey Theatre Building.

Drop-in Monday, Wednesday and Friday 9:30-11:30 AM. *Note closures of Eighth + Eight drop-ins on April 3,5,8 & 10.*

Special guests at drop-in this month:



Monday, April 22 chat with YMCA Childcare Resource and Referrals consultant, Susan



Wednesday drop-ins at Eighth & Eight we are joined by Annie from Cameray Child & Family Services

In honour of Earth Month, we're taking drop-ins out into the community. Join us for these special drop-ins! **NEW!**

**Drop-in at the New West Public Library** (Main Branch) 716 Sixth Avenue | April 3 & 10 10:00 AM - 12:00 PM

**Drop-in at Moody Park** 768 Princess street, behind the playground | April 5 and 8 9:30-11:30 AM

**Drop-in at Quayside Park** 1260 Quayside Drive, next to the playground | April 16 and 18 9:30-11:30 AM

**Baby Talk | Mondays 1:00 - 2:00 @ Quayside**

A space for new parents and caregivers with pre-mobile babies (under 12 months) to connect and learn tips, skills and resources from our Family Support Worker and expert guests. Drop in each week for a different topic and a chance to ask questions and discuss your concerns and experiences.



**Family Yoga with Yoga at the Quay | April 7 2024 11:30 - 12:00 @ Quayside**

The first Sunday of the month is now Family Yoga time with Laura - the practice is geared for ages 3+ and their caregivers. Get ready for some alphabet soup yoga and more!

The class is FREE but requires you to register <https://tinyurl.com/FAMYOG>



**Gross Motor Development Talk from a Pediatric Physiotherapist | April 24 2024 7:00-8:30 PM @ Quayside**

Are you wondering about your baby or toddler's development? Learn about expected gross motor milestones in these early years, and how to support their little ones in reaching them from a local expert. Refreshments will be served.

The talk is FREE but requires you to register: <https://ow.ly/T7QV50R3MjM>

**Parent Support Circle | Offered in Portuguese Thursdays 12:00-1:30 PM | Spanish Fridays 12:00-1:30 PM.**

This free and confidential parent group, in partnership with the Parent Support Services Society of BC, provides parents and caregivers with a safe space to share their stories, build communities, learn new skills, receive emotional support and discover new services and resources. To register email [info@newwestfamilies.ca](mailto:info@newwestfamilies.ca)



**New West Family Place is now running the Neighbourhood Small Grant Program!** **NEW!**

**Spring 2024 Grant Cycle open for applications until April 18, 2024**

Apply for a small grant of up to \$500 and bring your community project to life!

For more information, see <https://neighbourhoodsmallgrants.ca/our-communities/new-west/>

**We are seeking adult and youth (up to age 24) volunteers** to help review proposals and assist with the program.

Apply as a volunteer or for a project grant by contacting [sima@newwestfamilies.ca](mailto:sima@newwestfamilies.ca)

**Toy Lending Library | FREE AND ONGOING | @ New Westminster Public Library Main Branch @ 716 6th Ave**

Visit the main branch of the public library to borrow up to 3 toys for 3 weeks with your library card.