





# October 2023 drop in Programs

Updated

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>2</b> FAMILY PLACE IS CLOSED	<b>3</b> No Drop in Today	<b>4</b> Drop in @ Eighth + Eight 9:30 -11:30 AM <i>Storytime with Annie (Cameray)!</i>	<b>5</b> No Drop in Today	<b>6</b> Drop in @ Eighth + Eight 9:30 -11:00 AM	
	<b>9</b> FAMILY PLACE IS CLOSED	<b>10</b> <b>11</b> <b>12</b> <b>13</b> Come in for a sneak peek of our new Quayside location 9:30 - 11:30 !			<b>13</b> Drop in @ Eighth + Eight 9:30 -11:00 AM	
	<b>16</b> Drop in @ Eighth + Eight 9:30 -11:30AM	<b>17</b>	<b>18</b> Drop in @ New West Public Library 9:30 -11:30 AM <i>Storytime with Annie (Cameray)!</i>	<b>19</b>	<b>20</b> Drop in @ Eighth + Eight 9:30 - 11:00 AM	<b>21</b> Drop in @ Quayside 9:30 - 11:30AM
	<b>22</b>	<b>23</b> Drop in @ Quayside 9:30 - 11:30AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Baby Talk @ Quayside 1:00 -2:00 PM	<b>24</b> FAMILY PLACE IS CLOSED FOR STAFF DEVELOPMENT DAY	<b>25</b> Drop in @ Quayside 9:30 - 11:30AM Drop in @ Eighth + Eight 9:30 - 11:30 AM <i>Annie from Cameray &amp; Hannah (Kinsight)</i>	<b>26</b> Drop in @ Quayside 9:30 - 11:30AM	<b>27</b> Drop in @ Quayside 9:30 - 11:30AM Drop in @ Eighth + Eight 9:30 - 11:00AM
	<b>30</b> Drop in @ Quayside 9:30 - 11:30AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Baby Talk @ Quayside 1:00 -2:00 PM	<b>31</b> Drop in @ Quayside 9:30 - 11:30AM	<b>Nov 1</b> Drop in @ Quayside 9:30 -11:30AM Drop in @ Eighth + Eight 9:30 - 11:30 AM <i>Storytime with Annie (Cameray)!</i>	<b>2</b> Drop in @ Quayside 9:30 -11:30AM	<b>3</b> Drop in @ Quayside 9:30 -11:30AM Drop in @ Eighth + Eight 9:30 - 11:00 AM	<b>4</b> Drop in @ Quayside 9:30 -11:30AM

All Family Place programming is designed for caregivers and children aged 0-6. There is *no cost* to participate in these programs. We offer drop ins *without pre-registration* uptown and downtown and also special registered events (see the reverse for information on all of this month's programs). Follow us on social media @newwestfamilies for updates, giveaways and resources or visit our website [www.newwestfamilies.ca](http://www.newwestfamilies.ca)

# October 2023 Programs



## Drop in Programs

What is a drop in? We offer play and early learning for your little ones in a caregiver-participation setting, *without fees or pre-registration!* Make connections and gain parenting and family resources from our team.

### Drop ins at the Eighth + Eight (735 8th Avenue, room 1A)

Drop ins are intentional and accessible learning and play opportunities for you and your child to enjoy together uptown. Each week our team offers a theme, completing the space with a reading nook, crafts, a sensory table, problem-solving toys and a dramatic play spot.

### Drop ins at the Quayside (112-960 Quayside Drive)

**Welcome to the New Westminster Family Place!** We are thrilled to open our doors to you this month with daily drop-ins on weekdays & Saturdays, and a special **Baby Talk** drop in on Mondays from 1:00-2:00 for new parents with babies up to 12 months to connect and to learn. Drop-ins begin October 21.

## Registered Programs & Events

### Sleep Routines Talk with Dawn Whittaker

Finding it hard to get some sleep? Join us for an evening presentation on sleep routines for your 0-6 year olds from Parenting Coach, Dawn Whittaker. Bring your questions!

**Tuesday October 3 from 6:00-7:30 PM, New West Public Library Auditorium, 716 6th Ave.**

Registration required.

### Nobody's Perfect Parenting Program

This parent support group is tailored to the unique interests and needs of the participants. This 6-week registered program will offer encouragement and support along your parenting journey.

**Thursdays 5:00-6:30 PM, October 5 - November 9, 112-960 Quayside Drive.**

Registration closed.

### Positive Discipline In Everyday Parenting

This 9 week program teaches you long-term solutions that develop your parenting practice - this isn't permissive parenting and it isn't punishment! It is about teaching non-violence, empathy, self-respect, human rights and how these relate to your parenting.

**Tuesdays 7:00-9:00 PM, October 17 - December 19, 112-960 Quayside Drive.**

**FULL**



### Parent Support Circle

This free and confidential self-help group, in partnership with the Parent Support Services Society of BC, provides parents and caregivers with a safe space to share their stories, build communities, learn new skills, receive emotional support and discover new services and resources.

**Offered in Portuguese Thursdays 12:00-1:30 PM, October 12 - December 7, 2023 at 112-960 Quayside Dr**

**Offered in Spanish Fridays 12:00-1:30 PM, October 19 - December 1, 2023 at 112-960 Quayside Dr.**

Register: [bit.ly/pssreferralform](https://bit.ly/pssreferralform)

## Toy Lending Library

Our **Toy Lending Library** is part of the **New Westminster Public Library** collection. Borrow three toys with your library card for up to three weeks!

### What is New West Family Place?

We are a Family Resource Program that serves families of children aged 0-6, including parents, grandparents, caregivers, extended and chosen family. We support and embrace families of every gender, background or socioeconomic status and we offer programs all across the community and touching every neighbourhood of New Westminster. Family Place provides support by strengthening relationships, enhancing parenting, and building community connection and belonging.

Our team of early childhood educators and family support workers provide services and resources in multiple languages (English, Spanish, Portuguese, Tigrinya, Amharic, and Arabic) and work with families to ensure they are connected to the services and supports they need, when they need them.