

November 2023 drop in Programs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30 Drop in @ Quayside 9:30 - 11:30AM Drop in @ Eighth + Eight 9:30 -11:30 AM Baby Talk @ Quayside 1:00 -2:00 PM	31 Drop in @ Quayside 9:30 - 11:30 AM Fraser Health Dental check	1 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 -11:30 AM Literacy with Cameray	2 Drop in @ Quayside 9:30 - 11:30 AM	3 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 -11:30 AM	4 Drop in @ Quayside 9:30 -11:30AM
5 Family Yoga @ Quayside 11:30 AM Ages 3-6 yrs. Register with Yoga on the Quay	6 Drop in @ Quayside 9:30 - 11:30 AM Fraser Health Dental check Baby Talk @ Quayside 1:00 -2:00 PM	7 Drop in @ Quayside 9:30 - 11:30 AM SFU Language Lab	8 Drop in @ Quayside 9:30 - 11:30 AM Literacy with Cameray	9 Drop in @ Quayside 9:30 - 11:30 AM	10 Drop in @ Quayside 9:30 - 11:30 AM Leonids Pyjama Party 6:00-8:00 PM Anvil Centre	11 FAMILY PLACE IS CLOSED for Remembrance Day
	13 FAMILY PLACE IS CLOSED for Stat Holiday	14 Drop in @ Quayside 9:30 - 11:30 AM	15 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 -11:30 AM Literacy with Cameray	16 Drop in @ Quayside 9:30 - 11:30 AM	17 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 -11:30 AM	18 Drop in @ Quayside 9:30 - 11:30 AM
	20 Drop in @ Quayside 9:30 - 11:30AM Drop in @ Eighth + Eight 9:30 -11:30 AM Baby Talk @ Quayside 1:00 -2:00 PM	21 Drop in @ Quayside 9:30 - 11:30 AM	22 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Literacy with Cameray	23 Drop in @ Quayside 9:30 - 11:30 AM	24 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 -11:30 AM Kinsight available at Drop-in	25 Drop in @ Quayside 9:30 -11:30AM
	27 Drop in @ Quayside 9:30 - 11:30AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Baby Talk @ Quayside 1:00 -2:00 PM	28 Drop in @ Quayside 9:30 - 11:30 AM	29 Drop in @ Quayside 9:30 -11:30AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Literacy with Cameray	30 Drop in @ Quayside 9:30 -11:30AM	Dec 1 Drop in @ Quayside 9:30 -11:30AM Drop in @ Eighth + Eight 9:30 -11:30 AM	2 Drop in @ Quayside 9:30 -11:30AM

All Family Place programming is designed for caregivers and children aged 0-6. There is *no cost* to participate in these programs. We offer drop ins *without pre-registration* uptown and downtown and also special registered events (see the reverse for information on all of this month's programs). Follow us on social media @newwestfamilies for updates, giveaways and resources or visit our website www.newwestfamilies.ca

November 2023 Programs



Drop in Programs

What is a drop in? We offer play and early learning for your little ones in a caregiver-participation setting, without fees or pre-registration! Make connections and gain parenting and family resources from our team.

Drop ins at the Quayside (112-960 Quayside Drive)

Quayside will have daily drop-ins - Mondays to Saturdays from 9:30-11:30. Special guests this month: we'll have Andrea from Fraser Health checking teeth and we'll have a musical drop in with Miss Lori on Nov. 6, Family Yoga on Nov. 5 with Laura from Yoga on the Quay (register at <https://ow.ly/lfgt50Q1aXi>), Estelle from SFU Language Lab will be available on Nov. 7, there will be Storytime with Amanda from the New West Public Library on Nov. 14.

Quayside Baby Talk is a weekly drop-in program hosted by New West Family Place that is for brand new parents, with children up to 12 months, with a chance to connect and to learn a tidbit of information that could make parenting easier. Mondays 1:00 – 2:00 PM

Drop ins at the Eighth + Eight (735 8th Avenue, room 1A, in the Massey Theatre Building)

Special guests this month: literacy days on Wednesdays with Annie from Cameray Child and Family Services, Andrea from Fraser Health checking teeth on November 20, and Hannah from Kinsight will be available on Nov. 24 to discuss development. Note that there are no drop ins at Eighth + Eight between November 6-14.

Community Programs & Events

Leonids Pajama Party

Celebrating the November Leonids Meteor Shower. Wear your pajamas, pillows, blankets, sleeping bags. You'll enjoy music, activities, milk and cookies and learn about this special meteor shower with the family.

This free, drop-in event is in partnership with the City of New Westminster and the New Media Gallery. Friday, Nov. 10 6:00-8:00 PM, Anvil Centre.



Nobody's Perfect Parenting Program

This parent support group is tailored to the unique interests and needs of the participants. This 6-week registered program will offer encouragement and support along your parenting journey. Tuesdays 12:30-2:00 PM, Nov 7 - Dec 12, @ Quayside 112-960 Quayside Dr.

Parent Support Circle

This free and confidential self-help group, in partnership with the Parent Support Services Society of BC, provides parents and caregivers with a safe space to share their stories, build communities, learn new skills, receive emotional support and discover new services and resources. New members are welcome to join us mid-session. Groups are offered at Quayside in Portuguese on Thursdays 12:00-1:30 PM, October 12 - December 7, 2023 and Spanish on Fridays 12:00-1:30 PM, October 13 - December 1, 2023 at New West Family Place. To register contact info@newwestfamilies.ca

Toy Lending Library

Our Toy Lending Library is part of the New Westminster Public Library collection. Borrow three toys with your library card for up to three weeks!

What is New West Family Place?

We are a Family Resource Program that serves families of children aged 0-6, including parents, grandparents, caregivers, extended and chosen family. We support and embrace families of every gender, background or socioeconomic status and we offer programs all across the community and touching every neighbourhood of New Westminster. Family Place provides support by strengthening relationships, enhancing parenting, and building community connection and belonging. Our team of early childhood educators and family support workers provide services and resources in multiple languages (English, Spanish, Portuguese, Tigrinya, Amharic, and Arabic) and work with families to ensure they are connected to the services and supports they need, when they need them.