



# New Westminster Family Place 2022-23 Annual Report





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Dear Friends of Family Place,

I'm thrilled to present the Annual Report for New Westminster Family Place for the year 2022-2023.

As the Executive Director of this incredible organization, it's both an honor and a privilege to share our achievements and progress over the past year.

New Westminster Family Place has been a second home for families for over 30 years, and during this time, our commitment to strengthening families, fostering early childhood development, and making families feel at home has been unwavering.

This year was no walk in the park, especially with the curveballs the pandemic and our change in location threw our way, but we kept the wheels turning and provided essential services to families in need.

Let's break down the highlights from 2022-2023:

#### *Rolling with the Changes*

We were quick on our feet, adapting to the new normal with a mix of services to meet the needs of families across New West. We packed our bags and moved from our old spot at the Neighbourhood Learning Centre at Qayqayt Elementary School to make way for the growing elementary school enrollment. Our parenting workshops, playgroups, and parent groups hit the road, setting up shop at different locations across New West, including St. Barnabas Church, the Welcome Centre, River Market, and even our "other office" at Craft Café.

#### *Expanding Our Circle*

Our outreach game was on fire this year, reaching a wider and more diverse audience than ever before. We teamed up with local schools, healthcare providers, and community organizations to spread our services to underserved communities.

#### *Boosting Our Offerings*

We introduced some fresh programs and workshops that tackled the changing needs of families head-on. From offering mental health support for parents to

launching early literacy initiatives and financial literacy classes, we amped up our service lineup and kept the holistic family support mission in full swing.

#### *Financial Rock Solid*

Thanks to savvy financial management and the generosity of our donors, including the incredible Vanessa Woznow and her epic "Run for Family Place," we kept our finances on solid ground. This ensured that our programs stayed accessible to all families in our community.

#### *What's on the Horizon?*

As we celebrate these wins, we're revving our engines for what's next. With our new location poised to open doors we have prepared an incredible schedule of offerings with a focus on perinatal mental health, supporting parents throughout their parenting journey, and more partnerships to support innovative family friendly programming.

None of these achievements would have been possible without the rockstar team – our dedicated staff, volunteers, donors, and partners. A massive shoutout to each one of you for your unwavering commitment to New Westminster Family Place.

So, as we step into the future, we're throwing open the doors and inviting you to jump on board with us. Join us on this wild ride to build stronger, healthier families and make our community even more vibrant. Your continued support, whether it's your time, expertise, or financial contributions, packs a punch and makes an huge difference in the lives of the families we serve.

Thanks for being a part of the New Westminster Family Place family, and we're stoked for another year of growth, resilience, and positive impact.

All the best,



Dana Osiowy,  
Executive Director  
New Westminster Family Place



Dear Friends and Supporters,

I am honored to present to you the annual report of New Westminster Family Place for the year 2022-2023. As the Chair of the Board of Directors, I want to take this opportunity to express my gratitude to each and every one of you who has been part of our journey in supporting families in our community.

Over the past year, New Westminster Family Place has continued to fulfill its mission of providing a safe, welcoming, and nurturing environment where families can connect, learn, and grow together. While the challenges of this past year were unprecedented, our organization's resilience and adaptability were on full display as we continued to serve our community.

Highlights from the past year include:

#### *Program Expansion*

We expanded our program offerings to include more virtual resources and workshops to ensure families had access to support and education despite the limitations imposed by the pandemic.

#### *Support for Vulnerable Families*

New Westminster Family Place played a critical role in assisting vulnerable families during these challenging times, providing essential resources such as food, clothing, and emotional support.

#### *Community Engagement*

Our organization deepened its ties with the community through various outreach initiatives and partnerships, fostering a sense of belonging and mutual support among families in New Westminster.

#### *Diversity and Inclusion*

We continued our commitment to diversity and inclusion by creating an inclusive and accessible space where all families, regardless of their background, felt welcome and valued.

#### *Financial Stability*

Despite the economic uncertainties of the past year, we are pleased to report that New Westminster Family Place remained financially stable, thanks to the generous support of donors and the prudent management of our resources.

None of these achievements would have been possible without the dedication and hard work of our staff, volunteers, and supporters. Your contributions, whether through time, expertise, or financial assistance, have made a profound difference in the lives of countless families in our community.

Looking ahead, New Westminster Family Place is committed to building on our successes and meeting the evolving needs of our community. We will continue to innovate, adapt, and grow to ensure that every family in our area has the support they need to thrive. As we move forward, we invite you to join us in our mission to strengthen families and build a stronger, more connected community. Your continued support is vital to our success, and together, we can create a brighter future for families in New Westminster.

Once again, thank you for your unwavering support, and please take a moment to review the attached annual report for a more detailed overview of our achievements and activities in 2022-23.

With gratitude and warm regards,



Tammy Dewar,  
Chair, Board of Directors  
New Westminster Family Place





Paula Rajmil  
*Family Support  
Worker*



Fernanda Fonseca  
de Figueiredo  
*Family Support  
Worker*



Lizzie Chan  
*Family Support  
Worker*



Aida Abdelkadir  
*Early Childhood  
Educator*



Eryne Donahue  
*Communications  
Coordinator*



Fay Duxbury  
*Office Manager*



Dana Osiowy  
*Executive Director*



Tammy Dewar  
*Chair of the Board of  
Directors*



Natalia Clark  
*Vice Chair of the  
Board of Directors*



James Goring  
*Treasurer*



Jane  
MacKenzie Senay  
*Secretary*



Sarah Dixon  
*Board Member*



Tanushree Pillai  
*Board Member*





# A guide through the early years

Parenting can be truly exhausting. It's tough to look beyond the present moment when you're grappling with sleepless nights, the relentless cries of a baby, and the challenge of managing your finances on a reduced income. It can also be isolating, as friends and coworkers who haven't experienced these changes may not fully understand what you're going through. Seeking support can itself be a source of stress, given the steep and ever-changing learning curve of child development. You need a network of people who get it without requiring lengthy explanations, but there's no one-size-fits-all manual for this journey.

Enter New Westminster Family Place, your trusted guide through the whirlwind of parenting, specifically designed for parents and caregivers with babies and young children. Our mission is clear: we provide a voice for your struggles, celebrate your resilience, recognize the milestones you've achieved, and prepare you for the future. We're here to support you as you take your first steps toward building your community.

Our programs are inclusive, welcoming families of all sizes and configurations across the community. We understand the unique challenges you may be facing, from the uncertainty of providing for your family's basic needs to the isolation that may have come with the post-pandemic era or your status as a newcomer to the community.

While we're committed to helping you strengthen your parenting skills and offering a safe space for you and your children, we also aim to foster a robust network of community support. Our overarching goal is to promote community health and well-being. This involves connecting you to a wide range of community partners when you need those connections, offering one-on-one support, engaging workshops, and valuable parenting programs.



# Our Programs

## Family Drop-ins

Step into our Family Drop-in program, and you'll be warmly greeted by our dedicated team of Family Support Workers and Early Childhood Educators. They'll guide you through our diverse play areas, introduce you to other families, and help you become part of our close-knit community. Best of all, there's no cost to participate, and no advance registration required.

Our team is right there on-site to offer referrals, share their knowledge, and connect you with valuable community resources. Additionally, we collaborate with local experts and partners in areas such as literacy, child development, childcare options, dental hygiene, and health. You can consult with them while your child enjoys playtime.

In 2022, we hosted regular weekday drop-in sessions at the Qayqayt Neighbourhood Learning Centre and Eighth & Eight Creative Spaces (formerly known as the Massey Theatre building). We also hosted outdoor drop-ins at Westminster Pier Park, Moody Park and the New Westminster Farmers Market. Our Family Zone was present at community events like Fridays on Front, Car Free Day, New West Pride, and the On Your Block Festival.



## Workshops & Parenting Programs

From April 2022 to March 2023 we offered eight unique in-person workshops with local experts including Intimacy and Reconnecting for New Parents, Learn to Sign with Baby, Safety for Babies and Naloxone Training for Caregivers. We were also involved in the local community Fairy Door project, by providing opportunities for families to use a variety of art materials to create a fairy door that was installed in downtown New Westminster locations.

In addition to workshops, our highly trained staff provided four in-person parenting support groups through the Nobody's Perfect Parenting Program.





## Expanding Our Circle

One of the critical pieces to our success is our valuable relationships with community partners who help us expand our reach and move us closer to our mission. We are so grateful for our continued partnership with the City of New Westminster – the city provides financial support for our programming and so much more. This year we had the help of the incomparable Denise Tambellini, Intergovernmental & Community Relations Manager, who helped us transition our programs. Another thing that we love about working with the city is activating some of these great spaces - we couldn't do our work without Lisa and Sloane, and together we are serving families in creative and innovative ways.

We have appreciated our strong partnership with the School District 40 that enabled us to program for years out of the Neighbourhood Learning Centre in Qayqayt Elementary School. We offered daily drop ins and parenting programs, they housed our office and we enjoyed cooking in that kitchen space until school enrollment caused them to burst the seams and we moved to our Quayside location.

Another critical partnership is with the New Westminster Public Library. Working with them has brought our Toy Lending Library to the next level. It has increased accessibility to our toys like never before, with the added bonus of families accessing the library for many other early literacy and early learning resources. The library has been our drop in location, our meeting room, our office, and our calm in the storm and we are so grateful to share this space and time and mission with them.

We have also cherished the partnership that we have with Massey Theatre – this has interconnected families with young children and the arts - we are so grateful for the impact of that incredible space and the amazing team who work there!

We also know the power and impact of community organizations working together and we are so grateful for our partners at the Arts Council New West, Cameray, Downtown BIA, Family Services of Greater Vancouver, Ministry of Children and Family Development, and The Last Door. These profound connections and partnerships make it possible for our programs to support and impact so many families.





# Our impacts 2022

## 816.25 Hours

of Free and Accessible Programming

Programming offered at  
4 regular locations:

Qayqayt Neighbourhood Learning Centre

Eighth & Eight Creative Spaces

Moody Park

New Westminster Farmers Market

Drop-ins  
included  
**Literacy** focused  
programming  
&  
baby groups



Parents /caregivers  
and staff made  
soup together  
regularly in our  
kitchen to share at  
drop ins at Qayqayt



We served an average of  
**16 people per hour**

Our team  
offered

**191 hours**  
of 1:1 support to  
parents & caregivers  
and made

**3,438**  
referrals

for food, housing, medical  
and mental health supports

a TOTAL of  
**13,939**

Participants  
joined us  
including  
**759**  
NEW  
PARTICIPANTS

We offered activities  
and outreach at

**13** community  
events  
including:

Intercultural and 12th Street  
Festivals, Fridays on Front  
Street, Car-free Day, Pride,  
On Your Block Fest, Winter  
Solstice Celebration.



Our Toy Lending Library had  
**204 memberships** in March 2023

Naloxone Training for Caregivers

Intimacy +  
Reconnecting for  
Caregivers

Learn to Sign with  
Baby

Fairy Door  
Decorating

WE HOSTED

**8**

free, in-person registered  
evening workshops  
for adults

Infant Sleep  
Workshop

Toddler Sleep  
Workshop

Potty Training

Safe  
Beginnings

WE FACILITATED

**4**

in person sessions of  
the Nobody's Perfect  
Parenting Program

# Our Goals

*Build resilient families by providing safe accessible spaces and offering programming that meets their needs.*

## SUPPORT FAMILIES

*Advocate for policies and resources that ensure this city works for families.*

## ADVOCATE FOR A FAMILY FRIENDLY NEW WEST

## CELEBRATE DIVERSITY

*Honour the rich diversity of New West families through inclusive programming and a commitment to decolonization.*

## FOCUS ON PARTNERSHIPS

*Work collaboratively and meaningfully with a variety of community partners.*

## PRACTICE OUR VALUES

*Ensure our core values of love, community, growth, integrity & celebration and principles of inclusiveness, equity, and climate consciousness are reflected in our work.*

# Our Values

## COMMUNITY

We believe in the power of connection and community. We strive to build an inclusive community in our spaces, while also connecting families to the community-at-large

## CELEBRATION

We are proud of the achievements of our families, the team, and the community and we take time to celebrate with each other. We bring joy and fun into everything we do!

## INTEGRITY

Our actions embody our values and principles and we have the courage to stand up for what we believe is right.

## GROWTH

We know that growth happens in indirect ways & different directions, and we honour each individual journey. We support families to find resources to develop the skills they need to grow while committing to remaining reflexivity in our own work.

## LOVE

Love is the foundation of our work. We aim to create spaces where caregivers, parents, and children are truly welcomed, accepted, and cared for.

# Our Principles

EQUITY

CLIMATE  
CONSCIOUSNESS

INCLUSIVENESS



# Financial Report

Year ended March 31, 2023

Revenue	2023	2022
Ministry of Children and Family Development	\$ 309,531	\$ 328,212
Memberships, donations, fundraising and grants	\$ 90,813	\$37,952
Ministry of Health	\$ 29,810	\$ 24,521
Province of British Columbia gaming grant (Note 4)	\$ 26,640	\$ 26, 640
Interest income	\$681	\$70
United Way of the Lower Mainland	\$ 150	\$134
Other		\$ 1,350
<b>Total Revenue</b>	<b>\$ 457,625</b>	<b>\$418,879</b>

Expenses	2023	2022
Wages and benefits	\$ 325,764	\$ 315,856
Subcontracts	\$ 20,886	\$ 20,451
Office	\$ 20,021	\$ 30,945
Professional fees	\$ 10,441	\$ 16,588
Special programs and events	\$ 6,482	\$ 18,525
Rent	\$ 4,873	\$ 7,428
Telephone	\$4,545	\$ 1,350
Insurance	\$2,851	\$ 2,629
Worker's Compensation	\$2,696	\$ 2,286
Amortization of Capital Assets	\$1,596	\$ 1,995
Supplies	\$902	\$5,894
Travel	\$644	\$1,794
Bank Charges and Interest	\$50	\$208
Repairs and Maintenance	-	\$18
Licenses and Dues	-	-
	<b>\$ 401,751</b>	<b>\$ 432,603</b>
<b>EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES FOR THE YEAR</b>	<b>\$ 55,874</b>	<b>(\$ 13,724)</b>
<b>FUND BALANCES BEGINNING OF YEAR</b>	<b>\$ 103,634</b>	<b>\$ 117,358</b>
<b>FUND BALANCES END OF YEAR</b>	<b>\$ 159,508</b>	<b>\$ 103,63</b>



# Thank You !

## To Our Partners

- ★ Ministry of Children and Family Development ★ Province of BC: Community Gaming Grants ★
- ★ City of New Westminster ★ Fraser Health Authority ★ Government of Canada ★
- ★ Downtown New West BIA ★ Arts Council of New West ★ Cameray ★ Amazon Canada ★
- ★ Wal-Mart Canada ★ 4 Elements Martial Arts ★ Family Services of Greater Vancouver ★
- ★ BC Association of Farmer's Markets ★ Ghost Roasted Coffee ★ Johanna Bartels ★
- ★ Vancouver Canucks ★ River Market ★ Massey Theatre ★

## To our amazing donor community for making the magic happen:

David Vanspall, Jennifer Thompson, Kevin McConnell, Elizabeth Schaefer, Sarah Arboleda, Dee Beattie, Trudi Goels, Maja Boyle, Laura Kwong, Tasha Henderson, Elizabeth Suvak, Sheelagh Brothers, The Zesty Lemon Clothing Co., Jacqueline Lee, Sarah Korska, Danielle Connelly, Patrick Johnstone, Barbara Fairbrother, Alice Cho, Joseph Savoy, Mark Gifford, Paul Fieber, Elena Whitehead, Jen Arbo, Mary Elizabeth Snow, Jim Goring, Connor Turner, Cherise Buikema, Rick Vugteveen, Krystle Yeung, Dr. Kendra Strong, Twaites Family, Sarah Rossiter, Kevin Smith, Sian Madoc-Jones, Nicole Wiet, Kathy Gillis, Angie Whitfield, Kathleen Johnson, Matt Ehrenreich, Valerie Raoul, David and Anne Moeller, Kindra Stowe David Walsh, Geoff McLennan, Alysia Ker, Wendy Johnson, Rich Patterson, Mandy Upu, Gabrielle Armstrong, Jane Senay, Alexandra DuBelko, Naomi Perks, Karl Riley, Jason Campbell, Dan Hershfield, Susan Buss, Jennifer Hogg, Mary Trentadue, Debra Elless, Alix Cote, Serena Ho, Angela Rogers, Ben Dewar, Debra Parkes, Gill O., Chelsea Watt, Brock Nicholson, Janice Meehan, , Tammy Dewar, Katherine Dittrich, Erin Bannister, Kristen Keighley-Wight, Jennifer Whiteside, Iris Cheng, Laura Ingles, Veronica Owens, Alice Cavanagh, Vanessa Andres, Colleen Osiowy, Stephen Braverman, Jessi Gillis, Stuart Monaghan, Zara Hockey, Jeevan Saini





