



May 2022 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2 Drop ins @ Massey 9:30-11:30 AM & Qayqayt 9:30-12:30 PM	3 Qayqayt closed Outdoor Drop in @ Moody Park 9:30-11:30 AM	4 Drop in @ Massey 9:30-11:30 AM Baby Rhythm & Rhyme @ Qayqayt 12:30-1:30 PM	5 Drop in @ Qayqayt Family Literacy Circle 9:30-12:30 AM Outdoor Drop in @ Tipperary Park 3:00-6:00 PM	6 Drop ins @ Massey 9:30-11:30 AM & Qayqayt 9:30 AM -12:30 PM
9 Drop ins @ Massey 9:30-11:30 AM & Qayqayt 9:30AM-12:30 PM	10 Drop in @ Qayqayt 9:30 AM-12:30 PM Outdoor Drop in @ Moody Park 9:30-11:30 AM *CCRR visit	11 Drop in @ Massey 9:30-11:30 AM Baby Rhythm & Rhyme @ Qayqayt 12:30-1:30 PM	12 Drop in @ Qayqayt Family Literacy Circle 9:30-12:30 AM Outdoor Drop in @ Tipperary Park 3:00-6:00 PM	13 Drop in @ Massey 9:30-11:30 AM *child/infant photographer available on site Drop in @ Qayqayt 9:30 AM-12:30 PM
16 Drop ins @ Massey 9:30-11:30 AM & Qayqayt 9:30AM-12:30 PM	17 Drop in @ Qayqayt 9:30 AM-12:30 PM Outdoor Drop in @ Moody Park 9:30-11:30 AM	18 Drop in @ Massey 9:30-11:30 AM Baby Rhythm & Rhyme @ Qayqayt 12:30-1:30 PM	19 Drop in @ Qayqayt Family Literacy Circle 9:30-12:30 AM Outdoor Drop in @ Tipperary Park 3:00-6:00 PM	20 Drop in @ Massey 9:30-11:30 AM Qayqayt closed
23 Closed for Victoria Day Long Weekend	24 Drop in @ Qayqayt 9:30 AM-12:30 PM Outdoor Drop in @ Moody Park 9:30-11:30 AM	25 Drop in @ Massey 9:30-11:30 AM Baby Rhythm & Rhyme @ Qayqayt 12:30-1:30 PM Intimacy + Reconnecting Workshop 7-9 PM	26 Drop in @ Qayqayt Family Literacy Circle 9:30-12:30 AM Outdoor Drop in @ Tipperary Park 3:00-6:00 PM	27 Drop ins @ Massey 9:30-11:30 AM & Qayqayt 9:30 AM-12:30 PM
30 Drop ins @ Massey 9:30-11:30 AM & Qayqayt 9:30AM-12:30 PM	31 Drop in @ Qayqayt 9:30 AM-12:30 PM Outdoor Drop in @ Moody Park 9:30-11:30 AM	1 Drop in @ Massey 9:30-11:30 AM Baby Rhythm & Rhyme @ Qayqayt 12:30-1:30 PM	2 Drop in @ Qayqayt Family Literacy Circle 9:30-12:30 AM Outdoor Drop in @ Tipperary Park 3:00-6:00 PM	3 Drop ins @ Massey 9:30-11:30 AM & Qayqayt 9:30 AM-12:30 PM

All Family Place programming is designed for caregivers and children aged 0-6. There is no cost to participate in these programs. See the reverse for information on our Covid-19 policy, drop-ins and registered programs, or visit www.nestwestfamilies.ca



May 2022 Programs

Indoor Drop in Programs

Join us for play and early learning programming for your little ones! Enjoy a chance to connect with other families and chat with our staff. Our Indoor Drop-ins are out of two locations: the **Qayqayt Neighbourhood Learning Centre** (85 Merivale street: enter at the rear of the school), and in the gym in the **Massey Theatre** (735 8th avenue) for arts-based play. Whether you just need someone to talk with or if you are needing any extra support, our Family Support Workers are available to help you access the resources your family needs to thrive!

Special dates of note this month: May 13 at the Massey drop in, Photographer Victoria Woodcock will offer free infant portraits to attendees!

Family Literacy Circle

Our partners from Cameray Child and Family Services are offering art-therapy based activities for caregivers each week during our regular Qayqayt Drop in. This is a great chance to explore all the positive skills that you bring to parenting. **Thursdays 10:00 AM -12:30 PM at Qayqayt Neighbourhood Learning Centre.**

Outdoor Drop in Programs

Come out and play in the fresh air! We are offering outdoor drop-ins for parents/caregivers and your little ones rain or shine. Regular outdoor drop ins happen on **Tuesdays 9:30-11:30 at Moody Park** and **Thursdays 3:00-6:00 PM at Tipperary Park at the Farmer's Market.**

Baby Rhythm & Rhyme

A chance for parents/caregivers and their babies to come and dance, sing and feel uplifted as a group. This is running as a drop-in session. No registration required. **Wednesdays 12:30-1:30 PM at Qayqayt Neighbourhood Learning Centre** (85 Merivale street, enter at the rear of the school)

Monthly Workshop Series ★

This month we are hosting a light and informative talk ***Intimacy + Reconnecting for Parents post-baby***, facilitated by a registered Psychologist from the West Coast Centre for Sex Therapy. Our monthly workshops are in-person on the last Wednesday evening of each month.

Wednesday, May 25, 7:00-9:00 PM at Qayqayt Neighbourhood Learning Centre. Registration is required:
<https://www.eventbrite.ca/e/intimacy-reconnecting-for-parents-post-baby-tickets-328260414737>

Toy Lending Library

Browse our collection of toys housed in the New West Public Library Main branch and borrow up to 3 toys for 14 days to enjoy with your children at home. Register today! www.newwestfamilies.ca/toylendinglibrary/

What is New West Family Place?

We offer drop in programs, workshops, and parenting groups for all families to find support, strengthen relationships, enhance their parenting, and build community connection and belonging. We are here so that families in New West can be empowered to THRIVE!

Who is it for?

Our programs are for families with children 0-6 years including parents, grandparents, caregivers, extended and chosen family. We support and embrace families of every gender, background or socioeconomic status and we offer programs all across the community and touching every neighbourhood of New Westminster.

Who works at New West Family Place?

Our team of early childhood educators and family support workers provide services and resources in multiple languages and work with families to ensure they are connected to the services and supports they need, when they need them.

What is our current Covid-19 policy?

Our staff will be wearing masks at all indoor drop-ins and events. We request that families continue to wear a mask when attending an indoor event. We ask everyone to do a health check before attending and stay home if you feel unwell.