



## ANNUAL REPORT

2019



learn play have fun



# FOREWORD



Welcome to the 2019 New Westminster Family Place Annual General Meeting.

The definition of “welcome” is “to greet the arrival of guests with pleasure”. It is, with great pleasure, I say again “Welcome”.

I’m happy to acknowledge the incredible effort, energy, and

dedication put forward by all the staff and board members of NWFP. New West Family Place is on a path toward reaching our goal of becoming the premier child service organization in New Westminster.

Our intention for the 2018-2019 fiscal year, was to increase public awareness, building partnerships, and connecting with people. These are open-ended goals, and we are striving to be better, year upon year.

NWFP has made a concerted effort to be visible in the community. From “Fridays on Front” and other community events, we are there to introduce ourselves, explain our programs, and join in the fun. It is essential for any community-based organization to have bridges which provide access to other community organizations. These partnerships enhance the overall delivery of services, for the betterment of clients - and staff. NWFP continues to strengthen existing partnerships and reach out to other organizations.

While community visibility is important, NWFP will also use social media like FaceBook, Instagram, and others to reach people that might otherwise not connect with NWFP. We believe it is as important for NWFP as it is for the citizens of New Westminster that we are as open and accessible as possible.

With the ongoing support of the entire community, New Westminster Family Place will continue building programs and resources for families throughout New Westminster.

*Robert McNair*  
*Board Chair*



Our focus this year has been listening to the needs of our families and providing the best in early years education, family support, and navigation through the challenges of parenting.

Our community of families who consider Family Place their second home, continues to grow with more parents and families accessing each of our sites around New West.

This year we continued our partnership with Massey Theatre to offer an arts-based drop-in weekly at the Plaskett Gallery and continued to grow our outdoor education based drop-in at Queen’s Park – rain or shine! We are offering at least two drop-in programs Monday to Friday – all year round – a first for us! In listening to our families, we found that access to in-person expertise around specific challenges of the early years was something they were craving, and we responded by sharing that expertise during evening sessions so that all families could have access. We were at capacity for every workshop we held on sleep, picky eating, and potty training.

In our attempt to engage families outside of our regular drop-in hours we have hosted Saturday morning family yoga classes and the Nobody’s Perfect Parenting Program on Saturdays. We also did an early evening session of our most popular program, Circle of Security. We are so thrilled with our partnerships with Information Children and Kinsight to provide as many sessions of Circle of Security as possible. We brought on the City of New Westminster as a partner in our programs through our first partnership grant.

In our stakeholder consultation in 2017 we learned that our typical drop-in programming is not a perfect fit for all families – and we responded by creating **FAMILY PLACE Outdoor**. We are thrilled to have had upwards of 25 children participating weekly in a program that has a very different structure than our 6<sup>th</sup> Street drop-in.

We have secured three years of funding from both the City of New West and the Ministry of Children and Family Development. This puts us in a gorgeous spot where we can leap to our next incarnation – ideally one where we never have to put up the FULL sign because we are at capacity and

one where we are providing services and resources all day everyday so that families outside of the 9-5 can be empowered to **THRIVE!** Join us on this journey by donating, becoming a member, volunteering or joining our Board.

*Dana Osiowy*  
*Director*



# YEAR IN REVIEW

2018



30 Years



6 staff

18 volunteers

6 Sites



150 referrals

X → Y

made to other services

Capacity  
to serve  
families  
in 11  
languages

**HOLA**  
shalom  
**Hallo**  
olá  
namaste  
**CIAO**  
asalaam alaikum  
KONNICHUWA

1100 hours of playtime, services and support across 6 sites





# ABOUT NWFP



**New Westminster Family Place** was established in 1989 after years of planning and fundraising with the help of the Public Health Unit and the Interagency Committee. It has, since then, been a second home to families in our community. We have drop in programs around New Westminster and welcome all families by supporting them with services and resources that empower them to thrive.

## Mission

New Westminster Family Place welcomes all families by supporting them with services & resources that empower them to thrive.

## Funders

Funding for Family Place comes from all three levels of government – as well as grants sought from charitable foundations and organizations, donations from local businesses and donations from the members and friends of Family Place.

Operating funds come from

the Ministry for Children and Family Development, Fraser Health Authority, Ministry of Public Safety and Solicitor General – Gaming Policy and Enforcement Branch, and various forms of fundraising events.

We are a Registered Charity and our # is 33 14073 8006 RR 001.



## Vision

Our community is one where everybody feels safe and included, with opportunity & hope.



## Partners

- Ministry of Children and Families Development
- City of New Westminster
- New Westminster School District #40
- Downtown New West B.I.A.
- Family Services of Greater Vancouver
- Massey Theatre
- Cameray Child & Family Services
- Kinsight
- Information Children

## KEY SERVICES AND PROGRAMS

New West Family Place is a non-profit, family resource centre and community hub that has been providing services to New West families since 1989.

It has been a second home to thousands of local families over the last 30 years with a variety of free, family-centred, drop-in, centre-based programming at six sites in the community.

Offered via a well-established Family Resource Program model, our programs encompass all five core areas of service set out by the BC Association of Family Resource Programs (FRPBC):

FAMILY SUPPORT

PLAY-BASED LEARNING

EARLY LEARNING AND LITERACY

PARENT EDUCATION AND LEARNING

INFORMATION AND REFERRALS



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The programs and services currently offered are the easiest way for **ALL FAMILIES** to find support, strengthen parent-child relationships, enhance their feeling of competency in their parenting, and build community connections and belonging. There is whole diversity in our programs and we include families of every gender, background or socioeconomic status. Programs are offered in all around New West - across the community - touching every neighborhood - and at consistent times. Staff provide services and supports in multiple languages and work collaboratively to ensure families are connected to the services and supports they need when they need them.

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## OUR PROGRAMS IN 2019

**Family Drop-in** Free, drop-in, family-centred, play-based family resource program offered 5 days a week at our site on Sixth Street.

**Food Bank** Program offered to members of the New Westminster Food Bank on site at the Olivet Church one day per week.

### Baby

#### Talk

Weekly drop-in program for new parents which includes art activities and a talk from a visiting child development expert or community resource partner.

**Little Chefs** Weekly, drop-in, parent-participation program that provides opportunities for children and their families to develop food literacy, learn simple skills in preparing food and develop healthy eating habits. Offered at Lord Kelvin Elementary.

**Family Place at Queen's Park** Weekly, drop-in, parent-participation program, offered rain or shine, that brings all the components of a family resource program into the outdoors. Participants develop physical literacy skills and engage with nature in a meaningful way.

**Family Place at Plaskett Gallery** Weekly, drop-in arts-based parent-participation program where children and their families develop art literacy and explore their creativity in a safe, inclusive environment.

### Parent Education & Parent Support Groups

We offer regular parent education programs (e.g. Circle of Security, Nobody's Perfect, Infant Sign-Language) and groups that respond and adapt to the needs of our families. In the last five years, we have offered a pre- and post-natal moms' group, a group for parents of children with special needs, ELL classes, a Dads' support group, a parents' self-care group, a young moms' group, a newcomer

parent support group and a group for immigrant grandparents co-raising their grandchildren.

**Play & Learn Workshops** Series of workshops for parents and children to play, connect and build skills together around a range of topics such as science, math, literacy, art, music and movement, and health and safety.

**Resource Library** Providing parents with access to information to take home.

### Toy Lending

**Library** Providing access to our various toys to borrow.

**Clothing Cupboard** Providing access to gently used kids clothes.





# ACCOMPLISHMENTS

Family Place provided a wonderful chance to play with my kids while getting to know and network with other parents. I learned about other activities and opportunities for parents and families in New West. Family Place provided a much needed break, especially during periods when my kids were very attached. Even a few minutes chatting with another parent, or grabbing some tea, were a godsend. It was very comforting to know that other parents struggled with similar issues and challenges, and the staff were always supportive. Sometimes what seemed like catastrophes were just developmental stages.

*Lori L. Walker*

*-Lori served on the board of directors of Family Place. Her two children, Harrison (now 24 years old), and Katie (now 20 years old) used to attend Family Place.-*

Family Place has given us a space to bring our children each week that fosters growth in so many areas - it allows us to connect with other parents, share experiences and stories. It's a safe space to learn, socialize and play for parents and children.

When we first started attending Family Place my son wasn't really interested in the other kids or songs - now he recognizes his friends and loves to sit and participate in circle time - we even do it at home!

Family Place has provided the programming to facilitate huge social growth for my son. Having a large group of toddlers together has taught him appropriate ways to treat others and has really helped lay the foundation that will help him excel socially in the future. Family Place fosters opportunities for play - here you don't have an unending "to-do" list like you do at home. It allows me to

really engage and play with my son. Some days, I just need a break - the volunteers at Family Place are so great and play with my kids so that I can take a break if needed - then I can come back and be a better, more relaxed parent throughout the rest of the day. It's taken some of the stress off and has helped my son and I grow closer.

The resources and staff are so great - any concerns I've ever had have been met with real and true information that has helped me learn and approach various stages of parenting more prepared. I've also met and built friendships with so many parents through Family Place - I no longer feel lonely or isolated - whenever I go to parks or out with the kids I always see other parents I know from Family Place and it's so lovely!

*Jennifer Wiebe*



I really enjoy taking my toddler to Family Place as he loves to do the art activities that are set up and sing songs during circle time.

Family Place allows parents to connect and foster deeper relationships that turn into long term friendships. I have met many moms at Family Place and now see them out and about. New West is a smaller community and it's great to know other toddler moms.

*Zina Abdulla*

New West Family Place or "Choo Choo" as my boys call this lovely place, is a second home for me and my two boys Ernest and Elvist. Since Elvist was born, I became a stay home mom and NWFP has become the most important place for our family. Ernest transformed from a very shy and passive boy to someone who would approach everyone at NWFP for their names and



hug to say goodbye. Elvist has grown from a tiny peanut who used to be in a carrier, to a smiley "runner". As a mom of two, I have learnt a lot from the staff here and from every workshop I attended. I can't thank enough all the staff members for what they contribute each and every day. From parent education to festive events, I truly feel the dedication and devotion of everyone. Thank you "Choo Choo" and we will always be on board of this happy train!

*Eva*

# FINANCIAL INFO

## NEW WESTMINSTER FAMILY PLACE SOCIETY STATEMENT OF FINANCIAL POSITION AS AT MARCH 31, 2019

	2019	2018
<b>ASSETS</b>		
CURRENT		
Cash	\$ 111,377	\$ 106,360
Accounts receivable	1,939	4,513
Government remittances receivable	2,177	3,275
Prepaid expenses	11,719	9,154
	127,212	123,302
CAPITAL ASSETS (Note 3)	15,582	6,059
	\$ 142,794	\$ 129,361
<b>LIABILITIES</b>		
CURRENT		
Accounts payable and accrued liabilities	\$ 26,447	\$ 24,746
Government remittances payable	2,105	2,136
Deferred contributions (Note 4)	25,000	25,000
	53,552	51,882
<b>FUND BALANCES</b>		
Restricted	-	4,535
Unrestricted	89,242	72,944
	\$ 142,794	\$ 129,361

COMMITMENTS (Note 5)

## NEW WESTMINSTER FAMILY PLACE SOCIETY STATEMENT OF OPERATIONS FOR THE YEAR ENDED MARCH 31, 2019

	2019	2018
<b>REVENUE</b>		
Lottery	\$ 25,000	\$ 25,000
Memberships, donations, fundraising and grants	106,050	14,234
Ministry of Children and Family Development	227,740	235,104
Ministry of Health	-	25,379
United Way of the Lower Mainland	51,018	43,580
Interest income	666	633
Other	517	339
	410,991	344,269

# FINANCIAL INFO

## EXPENSES

Advertising and promotion	-	718
Amortization	2,405	1,007
Bank charges and interest	182	182
Insurance	4,888	6,683
Licenses and dues	261	288
Office	26,202	12,367
Professional fees	44,724	17,192
Rent	40,971	43,012
Repairs and maintenance	7,712	22,565
Special programs and events	20,229	9,381
Subcontracts	-	3,116
Supplies	6,659	4,978
Telephone	1,734	2,151
Travel	1,298	1,592
Utilities	1,009	1,261
Wages and benefits	239,560	216,495
Workers' compensation	1,394	1,309
	399,228	344,297

EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES FOR THE YEAR	\$ 11,763	\$ (28)
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## STATEMENT OF CHANGES IN FUND BALANCES

### FOR THE YEAR ENDED MARCH 31, 2019

	GENERAL FUND		RESTRICTED FUND	
	2019	2018	2019	2018
FUND BALANCE, BEGINNING OF YEAR	\$ 72,944	\$ 73,738	\$ 4,535	\$ 3,769
TRANSFER OF BALANCES	4,535	-	(4,535)	-
EXCESS OF REVENUE OVER EXPENSES FOR THE YEAR	11,763	(794)	-	766
FUND BALANCE, END OF YEAR	\$ 89,242	\$ 72,944	\$ -	\$ 4,535

## STATEMENT OF CASH FLOWS

### FOR THE YEAR ENDED MARCH 31, 2019

	2019	2018
CASH FROM (USED IN):		
OPERATING ACTIVITIES		
Excess (deficiency) of revenue over expenses	\$ 11,763	\$ (28)
Items not involving cash		
Amortization of capital assets	2,405	1,007
	14,168	979
Changes in non-cash working capital items		
Accounts receivable	2,574	1,119
Government remittances receivable	1,098	(1,482)
Prepaid expenses	(2,565)	1,700
Accounts payable and accrued liabilities	1,701	830
Government remittances payable	(31)	(938)
	2,777	2,208
INVESTING ACTIVITIES		
Purchase of capital assets	(11,928)	(5,201)
INCREASE (DECREASE) IN CASH DURING THE YEAR	5,017	(2,993)
CASH, BEGINNING OF YEAR	106,360	109,353
CASH, END OF YEAR	\$ 111,377	\$ 106,360





## DONATE TODAY

New Westminster Family Place is a registered not-for-profit charity #140738006 RR0001.

We accept donations by cash, cheque, e-transfer and credit cards via CANADA HELPS.

If you would like to donate physical objects like books, clothes, electronics and games, please contact our office.

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